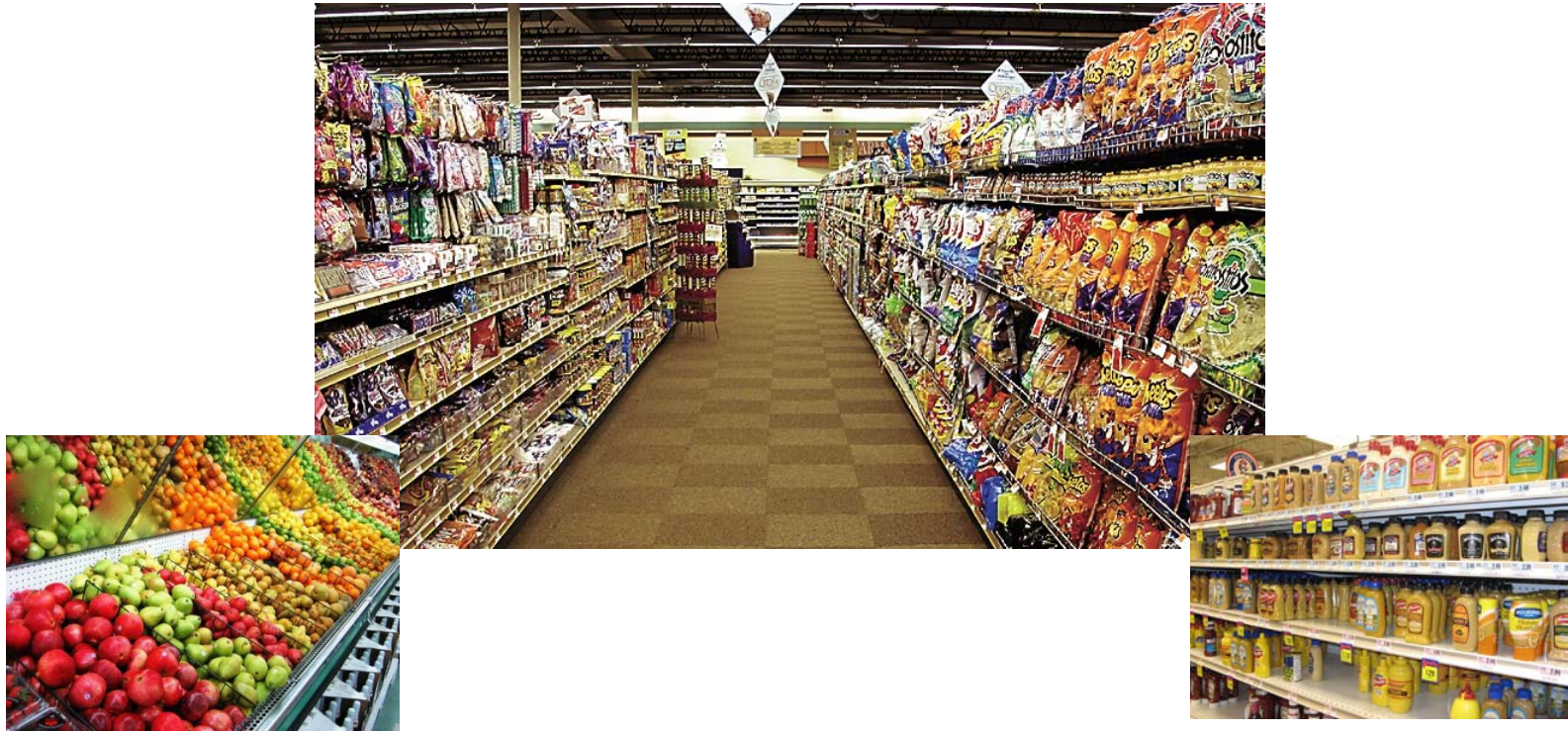


Shopping at the Grocery Store

A Social Story





Today I am going to the grocery store. There are a lot of aisles and choices there, and sometimes I do not know where to look for the things I need.



Being confused or unsure of where to look for something is not a bad thing – it just means that I need some help to find what I need.



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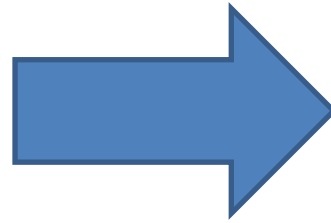
In order to find what I am looking for, I can ask someone who works at the grocery store to tell me where I can find something. An employee will usually wear a uniform, such as a colored shirt or apron. This way, I can identify who will be able to help me.



When I ask an employee for help, I will be polite and respectful. I will ask that person if he or she knows where an item is. After they answer, I will thank them for his or her help.



I might have to ask more than one person for help before I get an answer. I will not get frustrated or angry, because eventually I will talk to someone who can help me find what I am looking for.



When I ask someone for help at the grocery store, I will be able to find what I am looking for much faster. Then, I will have more time to do other things!